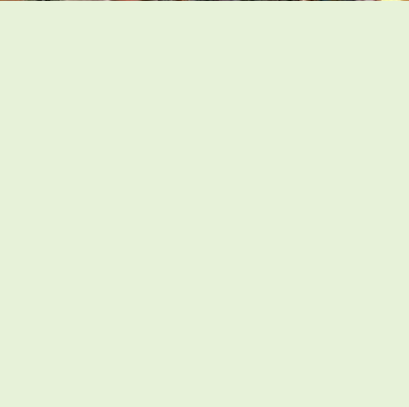
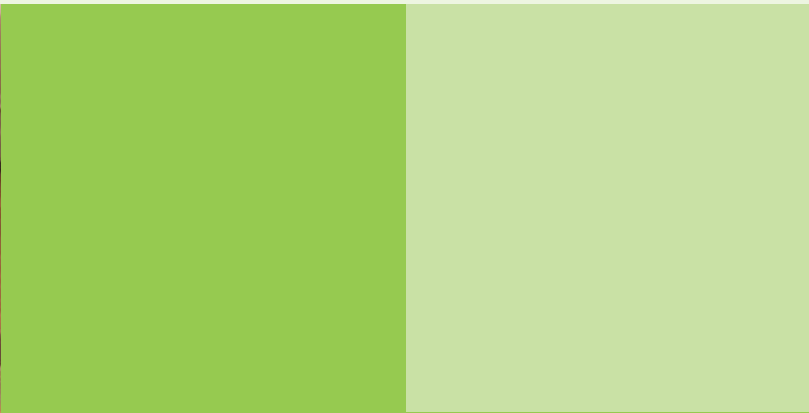


SMART LOVE[®]

FAMILY SERVICES



Annual Report 2016



OUR MISSION

The mission of Smart Love Family Services is to help children, parents and adults achieve greater inner well-being, sustain closer relationships, and lead more pleasurable and productive lives. We do this by providing counseling services, early childhood education, and parenting programs.

SMART LOVE

The principles of Smart Love[®], an approach to parenting and child development developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., guide all of our programs. Endorsed by scholars and child development experts around the world and supported by the latest child development research, the Smart Love approach focuses parents' attention on maximizing parent's positive influence on the child by understanding their child's mind and emotions at every age and stage.

One of the cornerstones of the Smart Love approach is that every young child copies the care she receives but cannot evaluate it. For this reason, informed accurate parenting, teaching and caregiving are crucial if children are to grow up treating themselves and others with compassion and if they are to develop the ability to care for their bodies, work productively, have stable inner happiness, and sustain enjoyable relationships.

Programs and interventions based on Smart Love principles promote closer, more enjoyable caregiver and child relationships and increase success and confidence for both caregiver and child. *Smart Love* (1999) describes the application of the Pieper's approach to parenting. The underlying psychological theory is described in *Intrapsychic Humanism* (1990), the Piepers' book for professionals.



Smart Love is a registered trademark.

FROM THE EXECUTIVE DIRECTOR

Dear Friends:

This past year was a very eventful one for Smart Love. Smart Love purchased a former day care facility run by Casa Central at 2222 N. Kedzie Blvd in Logan Square. This gracious former home has an expansive front lawn overlooking Palmer Square and a rear playlot and onsite parking. We are finalizing plans to fully renovate the interior to meet the needs of today's children and families. The facility will house The Natalie G. Heineman Smart Love Preschool, our parent and child programs, and family services.

Moving from our rental location to our new permanent home in Logan Square offers both our current families and the many new families fully renovated facilities and new programs. We often hear from parents how impactful the Smart Love approach to parenting has been in their families. Whether it is a preschool family or one that we are helping through our family services, parents tell us how much their children enjoy the care they receive at Smart Love and how much the guidance parents have gotten has transformed their parenting responses. The result is happier children and parents. Positive word-of-mouth from families who have experienced first-hand the benefits of Smart Love's compassionate and nurturing approach is the most important way we have of spreading the word. We are offering many opportunities to be involved and support Smart Love's plans. We hope you join us.

As our organization transitions to our new community, all of us at Smart Love from our board of directors, our Associate Board, staff, preschool parents, and our many supporters are looking forward to making a positive difference in the lives of children and parents for many years to come.

Sincerely,

Carolyn Stolper Friedman

Carolyn Stolper Friedman, M.A.
Executive Director



GROWING

WHERE WE ARE TODAY

Community Programs

We partner with other non-profits to help them serve the needs of the families they serve. This year, we presented parenting talks at Parenthesis in Oak Park, Pathways Montessori in Downers Grove and St. Clement's School in Chicago.

Counseling Services

We served nearly 750 clients this past year. Over 75% of them were children, adolescents and young adults. We launched new social skills groups for children between the ages of 9 – 12. In addition, we provide play and individual therapy, parent counseling, couples therapy, and a range of assessment and evaluation services out of offices in Chicago and in Oak Park.

Early Childhood Education Programs

The Natalie G. Heineman Smart Love Preschool completed its seventh school year offering partial-day preschool programs for 3 – 6 year olds, as well as continuing our successful parent and child program for babies and toddlers to 36 months. Our summer camp with an emphasis on our gardening program was a popular choice for our preschool-aged campers.

Parenting Programs

With funding from the Community Mental Health Board of Oak Park, we launched a new parent support group for parents of minority children. The effort was first piloted through Oak Park's TASC and was designed to support children's learning and success in school. Weekly group meetings are led by Dr. Felicia Owens, Psy.D. and Ms. Jessica Hudnall, M.A. both therapists at Smart Love.



IN OUR FUTURE

Expanding Services for families in Logan Square and Humboldt Park

In conjunction with our move from rental facilities in Uptown to our new home in Logan Square, we are expanding early childhood offerings as well as family services to meet the needs of our new community. We wish to build our financial aid fund through grants from area funders as well as partner with other community-based organizations to reach families in need of our programs and services.

Partnering to Improve the Well-Being of Children and Families in the Chicago Area

We continue to reach out to other non-profits to help meet the mental health needs of Chicago's diverse populations. We will be starting a new partnership with Hephzibah in Oak Park, a social service organization that supports families with a range of programs. We will be providing individual child therapy, parent coaching and developing a foster parent training program.

Learning Services

We are exploring an expansion of our services to help children with learning disabilities. A board-level committee, chaired by Dr. Kavita Matsko, Director of Strategic Innovation at National Louis University and a board member of Smart Love, is leading the effort. We are focusing on programs for preschool-aged children as well as learners in elementary and middle school. We are also expanding our testing and assessment program.



C A R I N G

GIVING



CHARITABLE GIFTS (FY 2016, JULY 1, 2015 – JUNE 30, 2016)

Benefactors

Emily and Robert Carroll *^±
The Heineman-Russell Family
Foundation ±

Sponsors

Martha Heineman Pieper *^±
Katherine L. Knight *^±

Guarantors

Carolyn and David Friedman *^±
Community Mental Health
Board of Oak Park
Anne and Steve Rowley *^±
Anonymous±

Sustainers

Investing in Communities±
Mary E. Ittelson ±
Jean Klingenstein

Partners

Kate and Dave Gosse *^#
Katie and Ted Karn *^#
Walt Miller and Stephen Jackson *^
Susan and Rich Sanders *^
Seven Mile Solutions*
Mark L. Steinberg and
Patrizio Fradiani *^

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The Billing Company *^
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Martin Friedman and Sarah Allen
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Navigant ^*
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Steve Thompson


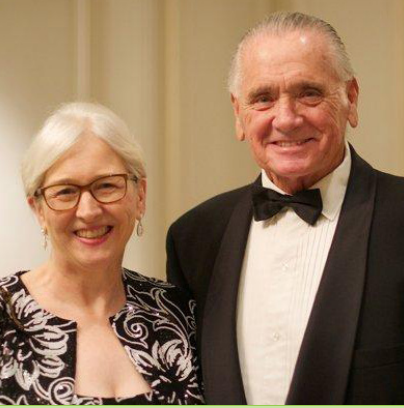
Associates

Corina and Scott Barnett
Carla Beatrici ^*
Paul Beatrici
Tiffany Cannon and Aaron Baker *^#
The Custom Framer
Melissa and Ryan Douglas *^#
Jeff Dow ^*
Ralph Brent Fisher and Jim Rinnert
Alison Gehle, M.D.
Bonny Jackson
Stephen Jackson
Carol Johnson
Alina Haber Kovach and
Tom Kovach
Jocelyn and Craig Langus
Sonul and Akhil Mahendra #^*
Douglas H. Morrison
Audrey Quinn ^*
Robert C. Flanigan
Reesa Schreier#
Kris Manos and Dave Shryock
Louise K. Smith
Patricia Walker and Steve Budde ^*



CHARITABLE GIFTS, continued

Contributors



Barbara Alexander^{^*}
Robyn and John Azpeitia^{^*}
Neal Bader^{^*}
Louise and Brian Benzer
Big Cat Foundation
Julie and Matt Booma#
Debbie and David Chizewer^{^*}
Laura and Kevin Clauss^{^*}
Bria Coates#
Barbara Flynn Currie
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Ferguson Nexon Family Trust
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Christine Rhode^{^*}
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James Rodgers^{^*}
Tanya Stippich and
Doug Sanders^{^*} #
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Fran Schnadig^{^*}
Marian Sharkey^{^*}
Nora Smith^{^*}
Jane and Warren Stolper
Sara Stone^{^*}
U.S. Cellular
Linzy Wagner^{^*}
Adam Waskowski^{^*}

Supporters

Amazon Smile Foundation
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Mark Kuczewski
Jean Lennox
Jill and John Levi
Meera Mahajan^{^*}
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Kevin Pakiese^{^*}
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Cecilia Pikul
William Pistorius
Mary Ann Quick
Lucia Ramos#
Heather Reid^{^*}
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Colleen Rowley^{^*}
Louise and James Sanderson
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Beverly and Myron Shapiro
Anju Shivaram^{^*}
Annie Slobig^{^*}
Janine Smuda
Jennifer and Paul Spence^{^*}
Gwen Stern^{^*}

CHARITABLE GIFTS, continued

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Calvin Thomas^{^*}
Tamara Travis^{^*}
Mary Tynes
April and Tom Victor
Loretta Wesley^{^*}
Maria Wimmer[^]
Ann Wolff
Diane Yetter^{^*}
Kelly and Michael Zakalik^{^*}

Friends

Riah and Marvin Brooks
Buena Park Neighbors[#]
Jose Cheesman^{^*}

Robert Dolgan[#]
Courtney Epps[#]
Juana and Rick Howard[#]
Mae Kingzette^{^*}
Sara Jane Leonard
Linda Levy^{^*}
Mary Kail^{^*}
Jeffrey Sadowski[#]
Alba Santillan
Tamara Sitkoff
Marg and Larry Sondler
Amra Skocic[#]
Target

Notes:

* Gifts to 2016 *Little Feet, Big Fun! Gala* / Martha Heineman Pieper, Ph.D. and William J. Pieper, M.D. Scholarship Fund.

Gifts to the Natalie G. Heineman Smart Love Preschool Fund.

[^] Attendee 2016 *Little Feet, Big Fun! Gala*.

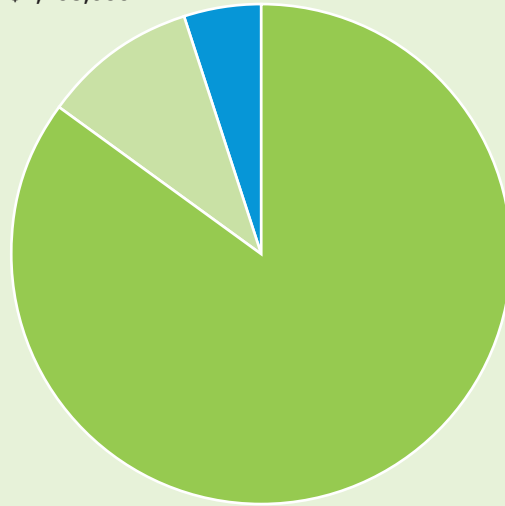
± *A Place to Grow*, Capital Campaign



2016 FINANCIAL REPORT (JULY 2015 - JUNE 2016)

Total Income

\$2,195,606

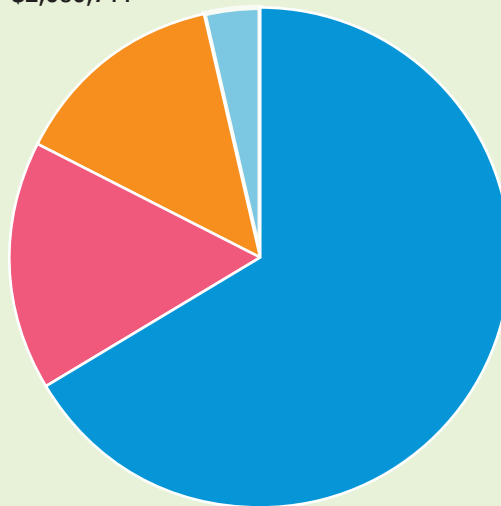


- Program Fees
- Contributions /Grants
- Special Events (Gross)



Total Expenses

\$2,050,711



- Counseling
- Preschool
- Management/Fundraising
- Scholarships

INVESTING

S E R V I N G



OUR BOARD MEMBERS

Board of Directors

David S. Friedman, MBA
Clinical Professor and Academic
Director, Kellogg School,
Northwestern University
Principal, Bridgewell Partners

Katie Karn, J.D., MBA
Administrator, The Karn Group

Valerie Kimball, M.D.
Pediatrician, Traisman Benuck
Traisman Merens

Katherine L. Knight, Ph.D.
Chair, Department of
Immunology & Microbiology
Loyola Medical Center,
Stritch School of Medicine

Susan Levinson
Vice President and Partner
Trabert & Hoeffler Jewelers

Kavita Kapedia Matsko, Ph.D.
Director of Strategic Innovation
National Louis University

Martha Heineman Pieper, Ph.D.
Author, Psychotherapist and
Clinical Consultant

Anne Rowley, M.D.
Professor, Pediatrics – Infectious
Diseases and Microbiology-
Immunology
Northwestern University, Feinberg
School of Medicine

Richard H. Sanders, JD.
Attorney, Vedder, Price

Associate Board

John Azpeitia
Robyn Azpeitia
Tiffany Cannon, Chair
Emily Carroll
Robert Carroll
Anne Crees
Alison Gehle, M.D.
Jeremy Guenther
Alina Haber Kovach
Victoria Heineman Pieper
Judy Maritato

Tracy Rady
Jeff Sadowski
Tanya Vayl
Maria Wimmer
Markus Wimmer

Program Advisory Board

Emily B. Carroll, LCSW
Walter D. Miller, LCSW
Mark L. Steinberg, Ph.D.

SMART LOVE FAMILY SERVICES STAFF

Carolyn Stolper Friedman, M.A.
Executive Director

Counseling

Carla M. Beatrice, Psy.D.
Director of Clinical Services

Stephen Budde, Ph.D., LCSW
Tamara Garrity, Psy.D.
Rebecca Hudnall, M.A.
Angela Hunsicker, LCSW
Carol Johnson, LCSW
Jamie Klein, LCPC
Amy Krutky, Psy.D.
Rebecca Mach, Psy.D, LCPC
Ilinka Novakovic, LCSW
Sara Stone, Psy.D.
Jane Weinberg, LCSW
Julia Wright, LCSW
Michael Zakalik, Psy.D.

Preschool Staff

Kelly Perez
Preschool Director

Eve Alexander
Sarah Fink
Nikki Krzebiot
Margo Mejia
Megan Norowski

Support & Administration

Amber Guenther
Marketing Manager
Nancy Luepke
Counseling Office Manager
Alba Santillan
Finance and Grants Manager

Clinical Trainees

Jordan Christeson, M.A.
Nick Leggio, M.A.
Stacey Marentes, M.A. Candidate
Felicia Owens, Psy.D, LPC
William J. Pieper, M.D.
Post-Doctoral Fellow
Kari Terrill, Psy.D.
Post-Doctoral Fellow



SMART LOVE FAMILY SERVICES

Executive Offices

800 W. Buena Avenue
Chicago, IL 60613
p 773 665-8052

www.smartlovetfamily.org
www.smartlovetpreschool.org



The Natalie G. Heineman Smart Love Preschool

800 W. Buena Avenue
Chicago, IL 60613

Counseling

800 W. Buena Avenue
Chicago, IL 60613

Rush Medical Office Building
610 South Maple Avenue
Oak Park, IL 60304

Relocation Note

By the fall of 2017, Smart Love Family Services and Smart Love Preschool located at 800 W Buena Ave will be vacating the Buena Park location and moving to 2222 N. Kedzie Blvd in Logan Square. The Oak Park office is not affected by this move.

Financial information represents fiscal year 2016 (July 1, 2015 to June 30, 2016). For a copy of the audited financial statement, please write to David Friedman, Treasurer; Smart Love Family Services; 800 W. Buena Avenue; Chicago, IL 60613.

We wish to thank Steve Ewert Photography and Lucia Ramos for contributing images to this report.

